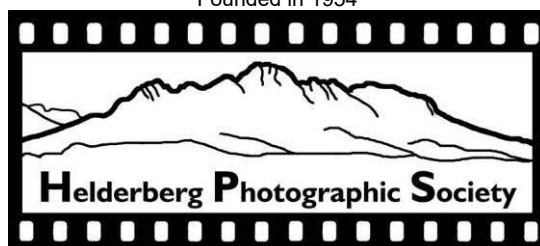


Founded in 1954



Member of PSSA

<http://helderbergphoto.com>

SEPTEMBER 2011 NEWSLETTER Helderberg Photographic Society

PO Box 2004
Somerset West 7129

AGENDA

Club Competition

Wed. 14 Sept.

'Flame Light'

Outing: Cedarberg 23-25 S.

B&W Interest Group

Wed. 28 Sept. 6pm

AV Evening

Wed. 28 Sept. 7.30pm

Your 2011 Committee

Chairman

Bernard Seymour-Hall

Tel: 083-799-6330

seymourh@mweb.co.za

Secretary/Outings

Paddy Howes

Tel: 021 876-2136

dreamcatcher@radionet.co.za

Audio Visual

Irmel Dunaiski

Tel: 021-887-0502

irmel@avcreations.co.za

Treasurer

Michele Moss

Tel: 082-820-2814

michele@michelemoss.co.za

Editor/PRO

Nettie Warncke

Tel: 082 5763278

021 5317377

nettie28@iafrica.com

Digital Advisor

Steve Crane

Tel: 083-288-8329

steve.crane@webafrica.org.za

Technical Advisor

JJ van Heerden

Tel: 083-366-1515

Work: 021-8881500

pictureworks@telkomsa.net

Marius Swart

Tel: 071-6720-338

mjswart@sun.ac.za

Roger Lee

Tel: 083-635-4282

fleurde@mweb.co.za

Noleen Kutash

Tel. 076- 609- 9978

info@phasesafric.com

Marisa Baschiera

Tel: 079-774-8090

marisaphotog@yahoo.com

Antenie Carstens

Tel: 073-303-7125

antenie@adept.co.za

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the tyre?

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AV convention 2012

PSSA Congress '12

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Outings Program
Competition and Evaluation
Program

The Last Word

THE CHAIRMAN'S TRIGGER FINGER is very busy operating a camera in the Etosha Pans at the moment. Needless to say, communication is somewhat intermittent. Next month a more substantial Chairman's Report will, no doubt, be submitted.

NOTICE BOARD

Website to take a look at: www.wildphotomag.co.za

Have you considered entering the competition for the Marike Bruwer Trophy?
D-Day is 19th September by which date entries need to be with Antenie Carstens.
Find more information at: www.pssa.co.za under 'Events'

REPORT : CLUB MEETING 10th August 2011

There was a good turnout for the meeting. 'Torchlight' was the competition subject. Winners in the print section are reminded to please send Steve a jpg copy of their print, for inclusion on the website.

Jenny Simpson showed two travelogues – one on cycling through the South of France, and the other of yachting off the coast of Turkey. Thanks for getting this done in time for the meeting, Jenny! Florian then gave a talk on how he makes panoramas ... how technically accomplished he is! Thank you Florian!

REPORT : CLUB OUTING TO LANGA Noleen Kutash

When this outing was first mentioned at our general monthly club meeting, my hand shot up, in truth, this is why I joined the club to begin with - to go to exotic locations with a group of people instead of on my own when security might pose a problem. One of our new members, Rozanne Herbst, and I set out at 8:00am on August 18. We were to meet Paddy, and two guests, at a parking area in Pinelands. Peter Haarhoff was waiting for us at the predesignated rendezvous point. Paddy had bought all the food and some toys and we quickly transported it from her vehicle to Peter's Land Rover; we all hopped on board and proceeded into Langa Township. We barely entered Langa before shouts to stop rang out - we all saw several photographic moments and needed to capture them. And so an amazing day began, where Peter continually showed us interesting manoeuvres, angles and settings to take pictures from. I cannot say enough about Peter, it was the best R180.00 I have ever spent, and I'm certain that everyone felt the same way.

We even spent quality time in a shebeen; tasted beer at 11am and learned or re-learned Xhosa customs, made friends, and continuously took photographs of just about everyone and everything and never felt threatened or unwanted. There was no shortage of interesting subjects, and soon our shutters collectively started sounding like muffled machine-gun fire. We even had the weather on our side - the slightly overcast day presented the perfect conditions for portraits.

Apart from the fact that it was a remarkable day from a photographer's standpoint; I dare say that the human aspect surpassed all of our keen photographic eyes. While we were there the word "gratitude" kept coming up in our conversations with one another. So in

closure: thank you Paddy for organizing this day, and Peter for showing us around Langa and our cameras, and most of all I'm so grateful that I was able to go.



REPORT : BLACK AND WHITE INTEREST GROUP Michele

At meeting were:

Paddy, Michele, Noleen, Hilddidge, Caroline, Giorgio & Emi, David Damp, Reg, Kevin Broadley, Alicia Greyling, Deon Kuhn, and Andre du Toit.

Paddy spoke about the different zones (10 in total) in photography and how it impacted on black and white images (0 = pitch black and 9 = white and the scale in between). She discussed some images from her books.

Noleen gave her impressions on the importance of using filters for B&W (especially yellow, orange and red filters). She had 2 short YouTube clips that she showed.

David Damp mentioned that he had sent some info on the different methods of converting to B&W to Bernard (who was in Namibia) that he has tried (3 methods in Photoshop):

1. Calculations method (get very dramatic results – he likes this method the most I think)
2. CS3 Black & White method using Channel Mixer
3. Scott Kelby's High Contrast Black & White method

He showed an image where he had used these different methods.

Reg showed some images of photographer Mitch Dobrowner (American photographer – look him up on internet, he has some amazing images in B&W).

REPORT : AUDIO VISUAL EVENINGMichele

Deon gave us some basic info on Pics to Exe. He mentioned that there are 2 versions – Standard and De Luxe (can buy online and they are not expensive, and no extra charge for updates). Can also play the exe file on any other computer that does not have Pics to Exe on There are lots of tutorials and user guides available on their website – very useful info.

It is very user friendly.

Can also edit your images in the programme in Photoshop – so don't have to do any processing beforehand.

Spoke about the aspect ratio of images (4:3) – he sizes his images to 1024x768. Under project options screen there is a tick box for “fixed size”.

The music has to be brought in via Audacity – the music cannot be faded or shortened in Pics to Exe, it must all be done beforehand in Audacity. He mentioned the website MP3 Panda where you can download music at a minimal charge. Music must be in MP3 or WAVE form to import. Deon demonstrated a short AV on mountains – he showed how to bring the images into the programme, how you could adjust the timeline to fit the music, etc. He always starts with a black and white image, then 3 versions of the same image (he has text on the middle image – also very easy to bring text in, do not have to do in Photoshop first!).

He suggested that we organise a day where we could have a workshop on Pics to Exe.

Antenie mentioned website www.waves-avgroun.co.uk to have a look at.

Deon mentioned an online magazine called Photography BB that he has been getting for some time with useful info.

SCOTT KELBY'S WORLDWIDE WALK

To date there are two volunteers who will be leading a photographic walk – one in Franschhoek, and one in Simonstown. Check out <http://worldwidewalk.com> and click to Cape town or Franschhoek for more information. This is really fun to do, doesn't take a long time, and prizes can be won!

Franschhoek, WC South Africa

Sunday, October 2nd, 2011



This Location's walk has room for 19 more

Walk Organizer

Kym Clayton [Contact Leader](#)

Meeting Location & Time

Sunday, October 2nd (09:00am - 11:00am)

Location: Meet outside French Connection Bistro, Franschoek @ 08h40

48 Huguenot Rd, Franschhoek, WC- South Africa

After the walk, meet at: We will meet at Essence, Franschoek

Cape Town, WC South Africa

Saturday, October 1st, 2011



This Location's walk has room for 19 more

Walk Organizer

Jurgen Banda-Hansmann [Contact Leader](#)

Meeting Location & Time

Saturday, October 1st (10:00am - 12:00pm)

Location: Simon's Town, Train Station

Main, Cape Town, WC- South Africa

After the walk, meet at: to be confirmed

10 Tips to Improve Your Wildlife Photography by Chase Guttman of Light Stalking

Wildlife photography can produce spectacular results for the well-prepared photographer.

LightStalking's newest writer, Chase Guttman, takes us through some tips to ensure your own wildlife photographs really pop. **1. Do research and be prepared.** A common misconception among amateur photographers is that you must venture far from home in order to effectively capture visually arresting photographs. But even in your own backyard you can gather

brehtaking portraits of wildlife. Investigate the local species that frequent your region and be on the lookout for them (it goes without saying, you should try to always carry your camera). When scouting for wildlife, make a smart plan and take necessary safety precautions. Remember, with patience and creativity, even the most common wildlife can be vividly portrayed as an amazing subject. **2. Patience and persistence are the name of the game.** The crucial photographic discipline of patience is essential in wildlife photography. Why do you think National Geographic film crews spend months on location? Those rare sublime moments of primal behavior are what makes a shot compelling (but such opportunities come about in their own time). It's all about knowing where to be, what you are looking for in that particular species, and then waiting. When setting up your shot, be alert, keep a safe distance, find a unique viewpoint, and study your environment. In some instances, you may even be fortunate enough to encounter rare animals and behavior.



Peter Guttman

4. By using simple and non-distracting backdrops you are enhancing the importance of your subject.
5. By establishing the natural environment or setting of the animal you can capture an accurate representation of its day to day existence. Overall this means, pay close attention to the dramatic tableau of your image when you shoot! **4. Follow the light.** Remember that lighting is an essential element of photography because it's the brush that allows us to paint our canvas. The greatest opportunities in terms of lighting, tend to come about in the earliest and later hours of daylight, when the sun falls on the subject less harshly. Photographing within these time parameters has two major benefits: For one, this special form of lighting contributes to an atmospheric feeling that enhances the mystique of your photographs. Secondly, during these blocks of time diurnal animals are most active, creating a hotspot for animal spotting and shooting .Lighting in its most beautiful and rare forms should always be utilized to the fullest extent. **5. Use motion blur.** One vivid way to depict animals is by capturing their [movement and action](#). Getting wildlife on the move adds a layer of excitement to your images. Techniques like panning are a creative way to capture the motion of animals, where the dynamics of activity tells its own tale.



Chase Guttman

6. Be as unobtrusive as possible. As I've discussed in my article on how to get better [candid photography](#), the only way to accurately capture authentic behavior is by not being a distraction.

This same idea applies here. Act quietly, blend in with the environment and patiently observe. Be careful with camera noises and flashes which may impair your ability to be unobtrusive. The better you fit in, the better your shots will be.



Peter Guttman

7. Use a telephoto lens. Your primary goal in wildlife photography should be similar to your portrait photography goals. They both should portray a personality. In order to do so, photographers must try to get intimate with their subject. In portraits, the subject's face can certainly be isolated with a wider angle lens, but this wouldn't be advisable with a wild animal. Instead, I recommend a telephoto lens (one that is capable of a large [focal length or zoom](#)), to allow you to safely isolate your subject through framing. In this way, you can best capture an animal's personality or essence. **8. Focus Manually.** It often works better to manually focus, because many animals blend into their environment and in automatic mode the sensor might focus on the wrong object. Staying in manual can be one's personal insurance of getting the focus right. **9. Keep shooting.** Make sure to put your camera in continuous shooting or burst mode to ensure you never miss the perfect moment. Shoot a lot, even when you're in doubt because you never know what will end up being the prize winner. After all, one of the wonders of

digital photography is that images can be deleted after the fact. Timing is also a key factor here, so be alert in order to accurately anticipate wildlife behavior.



Chase Guttman

10. Composition is the icing on the cake. Composition is the process of visually organizing the essential elements of your image in a logical and effective way. It's the key to turning an average snapshot into a visual statement. Look for rich textures and colors or experiment with different perspectives — these factors will help make your photographs stand out.

SO WHO IS GOING TO CHANGE THE TYRE?





FROM JJ VAN HEERDEN of PICTURE WORKS/FOTO FIRST STELLENBOSCH

Tel: 021 888 1500

After Fernando's talk on Lensbabies at the club recently, I thought it might be appropriate to give members an idea of the lens prices:

Control Freak: R2695

Composer: R2195

Composer Pro with Sweet 35 Optic: R3495

Composer Pro with Double Glass Optic: R2595

Scout with Fisheye Optic: R1995

0.42 Super Wide-angle Optic: R649

Fisheye Optic R1395

Accessory Kit (+4 and +10 Macro lenses, 0.6 Wide Angle and 1.6 Telephoto converters, 7 Creative Aperture disks) R949

More details on the different products (and sample gallery) can be found on <http://www.lensbaby.com/>

We carry an extensive range of Lensbabies, or we can order anything in (Delivery on Thursdays).

I personally have a Control Freak and find it a fun way to see the world in a different light. They often make the most mundane subjects interesting and is a great way of jerking yourself out of the creative rut we often find ourselves in.

Also from JJ :

We would like to extend a special offer to HPS members on the following:

Manfrotto 055CXPRO3 carbon fibre 3 section tripod: R3695 (Normal Price R5999)

Manfrotto 190 tripod with 804 pan & tilt head: R2399 (Normal Price R3799)

Manfrotto 190 tripod with 322 pistol grip head: R3299 (Normal price R4499)

We also have some Ilford Printasia Inkjet photo paper (20x A4 sheets per pack) available at R40 each.

His telephone number once again: Picture Works, Stellenbosch : 021 888 1500

PSSA NATIONAL CONGRESS Hartbeespoort 1 - 6 October 2011

See www.pssa.co.za for details

7th AUDIO VISUAL CONVENTION 2012

17 - 21 March, 2012 in Victoria West.

See www.pssa.co.za under 'Salons'

PSSA NATIONAL CONGRESS LANGEBAAN 25 - 31 August 2012

More details to follow

SUPPORT OUR MEMBERS

News just in is that JJ (van Heerden) and Wicus (Leeuwner), both long-standing members of our club, have started their own interactive website.

Logon to <http://www.photoworkshops-sa.co.za> for more information on their workshops, as well as registering yourself so that you can submit your own images for sharing and comment.

Wicus Leeuwner and JJ van Heerden offer a lovely selection of four workshops this year:

- * Overberg workshop (wheatfield, flowers, tidal pools) - Hermanus (26 - 30 October)

And here is the good news - there is a 15% discount for Helderberg members!

Do not delay, as these workshops have become very popular.

You can get further information from **Johan van Zijl** at 023 625 1593 or info@donkeysanctuary.co.za

Committee member **Roger Lee** has a webpage www.rogerleephoto.com which sets out the photographic courses he presents.

New Member

PAUL GODARD - SOUL PHOTOGRAPHY

32 Rhus st, Mountainside - Gordon's Bay - South Africa

phone +27 21 856 5683 - cell 073 582 1274 - fax +27 86 554 7564

info@paulgodard.com - www.paulgodard.com

WORKSHOPS BY NICOLE PALMER, WILLEM OETS AND ANITA DE VILLIERS

Nicole: www.nicolepalmer.co.za; Willem: www.medimage.co.za;

Anita: www.anitadevilliers.co.za

<u>Dates</u>	<u>Workshops</u>	<u>Location</u>	<u>Hosted By</u>	<u>URL Links</u>	<u>Phone Numbers</u>
07 - 11 September 2011	Fine Art Photography Workshop	Kersefontein & Doornfontein - Veldtdrift	Anita de Villiers & Willem Oets	www.anitadevilliers.co.za	Anita 082 873 8345
23 - 25 September 2011	Beginners Digital Workshop	Durban	Willem Oets	www.medimage.co.za	031 904 9226
26 - 30 September 2011	De Hoop Workshop	De Hoop Nature Reserve	Nicole & Eric Palmer	www.nicolepalmer.co.za	Nicole 082 510 5694
13 & 14 October 2011	Flash Photography Workshop	Jonkershoek Stellenbosch	Nicole & Eric Palmer	www.nicolepalmer.co.za	Nicole 082 510 5694
26 - 30 October 2011	Overberg Photo Workshop	Hemel-en-Aarde Valley Hermanus	JJ van Heerden & Wicus Leeuwner	www.photoworkshops-sa.co.za	Johan 023 625 1593

28 - 30 October 2011	People & Portrait Workshop	Durban	Willem Oets & Anita de Villiers	www.medimage.co.za	031 904 9226
4 - 6 November 2011	Macro Photography Workshop	Stellenbosch	Nicole & Eric Palmer	www.nicolepalmer.co.za	Nicole 082 510 5694

The above e-mail advert is sent on behalf of the different Workshop Hosts, should you require any further information or wish to book on the Workshops please go to the relevant Websites.

Kind Regards

Joanne Thompson

MedImage

Tel: +27 31 9049200 Fax: +27 31 9049211

Email: joanne@medimage.co.za

Web: <http://www.medimage.co.za/>:: <http://www.photovision.co.za/>

Post: P.O.Box 244 Umbogintwini 4120 KZN South Africa

Addr: 666 Kingsway Amanzimtoti 4126 KZN South Africa

OTHER WORKSHOP PRESENTERS

Peter Haarhoff : www.capephotoco.co.za

Exiting NEW Portrait Photographer's Weekend: 17 September 2011

The weekend starts Saturday morning at our studio in Noordhoek, with a **Pregnancy Shoot**. Our beautiful 7 month pregnant model will pose while you learn the different aspects of studio photography, and how to set up studio lights for high key and low key photography. (no, high key and low key has nothing to do with your singing on those karaoke evenings)



This workshop is very practical and everybody will get a chance to take photographs.

But we all know that taking the photographs is only half the process, after our studio shoot we have an Adobe Photoshop session, and I will show you easy steps to perfect enhancements.

Our **People and Portrait Township Tour** starts early on Sunday morning with a shoot of Khayelitsha with Table Mountain in the distance. At a informal settlement In Langa we will photograph the smiling kids playing, visit people in their shacks and drink homebrewed 'Umcomboti' beer in a shebeen, visit a Sangoma and photograph 'smilies'.



Lunch is served at Mzoli's Place, an eatery in Gugulethu. Get to mingle with the locals and experience the "Township Vibe"...

Taking photographs in a township in South Africa is any photographers dream. "But is it safe?" I often get asked. It is very safe. The people in the township are open and friendly, and do not mind posing while we take photographs of them. You will learn how to take environmental portraits, how to correctly focus, compose and expose your portrait photographs.

Individual Pricing

Join us on any one of these portrait workshops:

Precious Moments Pregnancy Shoot: **R450 per person**
People and Portrait Township Tour: **R6500 per person**
(price excludes lunch and beverages)

Portrait Photographers Weekend

Join both these workshops for **ONLY: R800 per person**
(price excludes lunch and beverages)

Fly in, Fly out Portrait Weekend

Fly in on Friday afternoon, get collected from Cape Town International Airport, stay at a luxurious Guest House in Simon's Town, get transported to both workshops, and fly out again on Sunday afternoon: **R2900 per person**
(price based on single rates, bed and breakfast only, and excludes flights, meals and beverages)

Inquire about our price per person sharing, if the better half wants to tag along...

Exiting NEW Whale Watcher's Weekend: 24 September 2011

The weekend starts when early on Saturday morning we depart for Hermanus via the very scenic Clarens Drive. (don't tell anyone, but I think it is even more scenic than Chapman's Peak drive, with more places to stop and take photo's) At Stony Point we photograph the African Penguins, and upon arriving at Hermanus we board with Southern Right Charters for a 2 hour whale cruise with ample opportunity to photograph these gentle giants.



Hermanus have proudly been dubbed "South Africa's Whale Watching Capital" for the fantastic viewing of Southern Right Whales that come to sheltered bay every year to mate and to calve.

On Sunday morning we depart with Simon's Town Boat Company to explore the waters of False Bay. False Bay got its name from early seafarers' days, when Cape Hangklip was mistaken for Cape Point, and turned in to what they thought was Table Bay, only to discover it was the "False Bay"...

We end this fantastic weekend of "fun and fotos" with a viewing session where tips and advice will be given on the photographs that you have taken.

Individual Pricing

Join us on any one of these Whale Watching Photo Tours:

Hermanus Whale Watching Photo Tour: R1800 per person
(includes a 2 hour boat ride with Southern Right Charters)

False Bay Whale Watching Photo Tour: **R1400 per person**
(includes a 2 hour boat ride with Simon's Town Boat Company)

Whale Watchers Weekend

Join both these photographic tours for ONLY: R2650 per person
(price includes transport to Hermanus, and boat rides, but excludes lunch and beverages)

Fly in, Fly out Portrait Weekend

Fly in on Friday afternoon, get collected from Cape Town airport, stay at the luxurious Whale View Manor Guest House in Simon's Town, and fly out again on Sunday afternoon: R3990 per person

(price based on single rates, bed and breakfast only, and excludes flights, meals and beverages)

Inquire about our price per person sharing, if the better half wants to tag along...there are treatments at the spa, a game of golf, a secluded beach to regenerate the souls.

Visit Whale View Manor on www.whaleviewmanor.co.za for more information

Exiting NEW Food Photography Workshop at the Foodbarn in Noordhoek Farm Village: 19 September 2011

Now you can have your cake....and eat it too!



This fantastic new and exciting photographic workshop combines two great talents: that of Franck Dangereux from the Foodbarn's cooking and Peter Haarhoff from Cape Photographic Company's teaching!

Learn how to take better photographs of food, what camera settings to use and what equipment gives best results.

After the lecture we get to photograph some of Franck's yummy and oh so divine looking food. This is a very practical workshop, and limited to 5 photographers only, whether you want to take better still life photo's, make your hobby pay for itself or if you are a food blogger, you will be shown how to take better photographs with your own camera, whatever camera that might be...and where else can you eat the subject directly after shooting it?

Cost: R850 per person

Free Macro and Close-up Photography Workshop: 3 September 2011

I am offering a free and very informative talk on Saturday morning at 10h00 at the Foto First in Longbeach Mall in Noordhoek. Find out how to improve your macro photography and what equipment to use, I will also be available to answer all your questions after the talk

Booking essential, space is limited

Cape Photographic Company's Annual Balls, Bake Beans and Bully Beef Charity Drive: 3 September 2011



You are invited to come and make a difference in someone's life with our annual charity drive to Langa, Cape Town. There is a section in Langa, where unemployed people live in an informal settlement with very little. The children always ask me to bring balls for them to play with, and this Gogo's shack is lined on the inside with card board to keep the cold out, and then decorated with the labels from tinned bake beans, and that is the motivation of our Balls, Bake Beans and Bully Beef charity event.

This is how it works:

We meet at 1pm in Noordhoek and depart to Pinelands to meet up with the folks joining us from the North.

You need to bring:

Balls for the kids to play with, any balls will do (rugby, soccer, tennis, big or small)
Bake Beans and Corned Meat (Bully Beef) to hand out, bring what ever you can (hehe-pun intended...)

If anybody has any connections at Spar, Pick&Pay or Checkers, now is the time to call in that favour...

The area that we will be visiting is very safe and we will be driving in convoy. Contact me on 082 853 99389 if you need more info

Take Better Pictures Photographic Course: 5 September 2011

Our most popular 5 week beginner's course starts this time on a Monday evening from 6-9pm. Come and learn more about your camera and how to take better pictures on this fun and informal photo course.

Here's what some of our students said:

"This course was very good, I like your approach and sense of humour!"- Welmoet Bok, Glencairn

"Excellent presentation- never a dull moment. Peter is always well prepared and obviously experienced" - Barnie va Straten, Stellenbosch.

"I enjoyed the practical the most, I felt it brought all the theory together and made my understanding a lot better. I will definitely recommend this course"- Samiya Paulsen, Rondebosch

Win a Box Brownie Camera

3 easy steps to win a Kodak Box Brownie Camera:

- Step 1- Join our group on Facebook [plse add fb logo]
- Step 2- Find the comments about the uses for an old 35mm film container
- Step 3- Add your comment: What else can you use an empty 35mm container for?

At the end of September one lucky comment will win the Box Brownie.
T's & C's apply.



The way I see it...



If you ever came with me on an early morning photo shoot, you would know that “a photographer’s breakfast” means rusks and coffee. But not any rusks, you see... it has to be Ouma Rusks.

Why Ouma Rusks?

The history of Ouma Rusks began in 1939 in the small Eastern Cape town of Molteno. It was the time of the Great Depression, and one Sunday morning the minister preached about using your talents. At the end of the sermon everybody were given half-a-crown coin and told to multiply it using their talents. Ouma Greyvensteyn used this money to buy ingredients to make rusks using her family recipe. The rusks she baked was so popular, and the rest, shall we say, is history...

So, the next time you “Dunk an Ouma” think about this- Are you using your unique talents to multiply your wealth...

Keep those cameras snapping, till next time...

Peter Haarhoff

0 8 2 8 5 3 9 9 3 9

photocoach@mweb.co.za

www.capephotoco.co.za

OUTINGS PROGRAM

23-25 September	Cedarberg	Sanddrift ‘Star Trails in the Cedarberg’ Please contact Paddy
15 October 9.30am	Paddy’s Farm	Macro at Montagne Farm, Verdun Private Road, Franschhoek. Bring picnic if you wish to stay on.

12 November	Birds	At Wolvegat on Baden Powell Drive. Security will be provided. This outing will have to be discussed. Heard on Cape Talk yesterday (31 Aug.) that visitors are being dissuaded from visiting the area due to high crime rate. ... Ed
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The Outings convenor is Paddy Howes. Her telephone number is 021 8762136 (Franschhoek) to talk to her about any of these outings.

COMPETITION AND EVALUATION PROGRAM

From May onwards, the basis for our Set Subjects will be 'Light'. As you wonder about the options you would like to pursue, consider doing some more research – perhaps from books or the Internet – and explore your ideas even further.

Date	Evening	Set Subject
14 September	Flame Light	
12 October	Evaluation	
9 November	After Dark	
14 December		Gala Evening

THE LAST WORD



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